Pumpkin and Mushroom Risotto

The perfect creamy comfort dish to make on a crisp winter evening, made with sauteed mushrooms and pecorino cheese.



Sauteed Mushroom Ingredients

16 oz Baby Bella Mushrooms, cleaned and sliced

- 2 tbsp Olive Oil
- 1 tsp Butter
- 4 cloves Garlic, thinly sliced
- 2 tbsp fresh Rosemary, finely chopped, or 2 tsp dried
- 2 tbsp fresh Thyme, or 2 tsp dried
- 3 tbsp Dry White Wine

Risotto Ingredients

- 6 cups Vegetable Stock
- 2 cups canned Pumpkin
- 2 tbsp Olive Oil
- 1 large Yellow Onion, finely chopped
- 4 cloves Garlic, minced
- 2 tbsp fresh Rosemary, finely chopped, or 2 tsp dried
- 2 tbsp Butter
- 3 cups Arborio Rice
- 1 cup Dry White Wine
- 1 cup grated Pecorino or Parmesan cheese (plus more for serving)
- 1 tsp Sea Salt
- **Black Pepper to taste**

Directions

- Heat a large pan over medium-high heat. Add oil and butter, cook sliced garlic for 1 minute. Add mushrooms, rosemary, and thyme and cook for an additional 5 minutes
- Add white wine to deglaze the pan, lower the heat to medium, and cook for 10 minutes stirring frequently. Remove from heat and set aside until serving
- Combine vegetable stock and canned pumpkin in a saucepan and warm over medium heat
- Heat a large pot over medium-high heat. Add olive oil and onion and sauté for 5 minutes. Add garlic and rosemary, cook for another 30 seconds until fragrant. Add butter and rice and toast for 2 minutes
- Pour in wine to deglaze pot, allow 1-3 minutes for it to evaporate, then lower heat to medium
- Add pumpkin stock mixture to rice, 1-2 ladles at a time, while stirring constantly. Wait for rice to soak up the liquid before adding more. Repeat until all the pumpkin stock is used
- Add Pecorino, salt, and pepper. Taste and adjust to your liking. Stir in half of the mushrooms and serve topped with more mushrooms and Pecorino

Serves 4-6



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