

Blended Turkey Verde Tacos

A healthier Taco Tuesday (or Mushroom Monday!) is here. Lean turkey blended with chopped mushrooms gets a little spice and tanginess from green chilis and tomatillos.

Ingredients

(Makes about 12 Tacos)

1 lb Chopped Mushrooms

1 lb Lean Ground Turkey

1 tbsp Olive Oil

2 cups Diced Onions

1 tbsp Minced Garlic

4 oz Diced Green Chiles

8 oz Salsa Verde

2 tbsp Tomato Paste

2 tbsp Lime Juice

1 tbsp Chili Powder

½ tsp Ground Cumin

¼ tsp Chipotle Powder

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½ tsp Salt

½ tsp Black Pepper

12 Tortillas of Choice

6 oz Grated Cotija Cheese

2 tbsp Chopped Cilantro

Assorted Toppings



Directions

- Heat a sauté pan over medium-high heat. Cook the ground turkey, seasoned with salt and pepper, for 3-5 minutes until browned. Mix in green chiles and tomato paste and cook for an additional 2 minutes
- Chop mushrooms to the size and texture of ground turkey. Heat a second sauté pan over medium-high heat and add olive oil. Sauté chopped mushrooms for 3-5 minutes, seasoning with chili powder, cumin, chipotle, salt, and pepper
- Combine meat and mushrooms and set aside
- In the pan used for the ground turkey, sauté onions and garlic until fragrant and golden brown
- Add turkey and mushroom mixture back into the pan with lime juice and salsa verde. Cook for 3-5 additional minutes, adding salt to taste
- To serve, place 2 tablespoons of turkey and mushroom mix on tortilla of choice. Top with cheese, cilantro, and any other toppings you would like

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